



**Better Bodies Healthy Food Menu**

**Calories Proteines Price**

**MEATBALL 150 gram  
CORN MIX EGG WHITE 50 gram**

**300 40 gram ₱ 129**

**CHICKEN 100 gram  
CORN MIX EGG WHITE 50 gram**

**120 30 gram ₱ 79**

**MEAT ROLL 100 gram  
CORN MIX EGG WHITE 50 gram**

**200 30 gram ₱ 99**

**CHICKEN SHOARMA 100 gram  
PITA BREAD, GARLIC YOGHURT SAUCE  
SALAD**

**120 30 gram ₱ 85**

**TJAP TJAY CHICKEN 300 gram**

**116 30 gram ₱ 89**

**TAHOE TELOR 300 gram  
3 EGGS + 100 gram TOFU**

**100 30 gram ₱ 89**